

Marin County Suicide Prevention Collaborative: Training and Education Team Meeting Agenda: October 20, 2020

In attendance: Vanessa Blum, Dana Van Gorder, Kara Connors, Ellen Baxter, Tim Lea, Janelle Torres, Michelle Javid, Rich Slusher, and Jaime Faurot

| Time | Topic/led by | Discussion | Next Steps/Who | Timeline |
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| 5 | Ice-breaker: Vanessa | Vanessa led the group through an ice breaker asking the question: What gives you hope? The group shared: youth leadership, blue skies, family recovery, Black Lives Matter, faith in God, enthusiasm for voting, family, our hotline counselors, peer advocates and normalizing the discussion of mental health! | | |
| 5 | Review of agenda: Kara | By the end of the meeting: <ul style="list-style-type: none"> • What are our priority groups? • What universal training programs do we like? • What are our next steps? | | |
| 10 | Update: Kara <ul style="list-style-type: none"> • Data • Schools | Kara shared a brief overview of data indicating that suicide impacts everyone in our community, but focused on the rate of older adults and middle age men and boys. Data Team will present in February and will provide real time updates as we make progress. We need to look at attempt and hospitalization data too. The Schools Team is working with the Wellness Collaborative to create training recommendations for schools. Kognito, SOS (Signs of Suicide) for students, Living Works Start (free to school districts, but has a gap in providing for students), American Foundation for Suicide Prevention are on the list. | Schools Team hope to have recommendations by November-December for their training recommendations. Data Team will present in February at the Collaborative meeting, but we will share updates before then. | November-February |
| 20 | Review Suicide Prevention Training Offerings. Continue inventory review. | The group watched several demos of programs. We agreed there is no one size fits all. Thank you, Tim, for taking the group through Buckelew Programs interactive program. Buckelew training allows for customization for different populations and can complement these below: | Team to review the links again for deeper understanding. Kara will follow up after hearing more from Kognito, Living Works, and QPR regarding cost and American | November-December |

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| | | <p>Living Works: (We didn't review it because of not being available virtually, except for Living Works Start, online, but it is a strong program. There are several people in Marin who are trained and can conduct a 3-hour presentation in person called SafeTalk. Great pocket materials) https://www.livingworks.net/covid19</p> <p>Kognito: https://kognito.com/demo</p> <p>QPR: https://www.youtube.com/watch?v=4E3uEJBQmeQ https://www.youtube.com/watch?v=YiaSyzHnHwU&list=WL&index=1&t=1766s</p> <p>AFSP, Talk Saves Lives. Kara is in discussion with AFSP. They are launching a training program in January. The TE Team members may be interested in taking part in the training and being a part of a Training Network for gatekeeper training. AFSP has program content in Spanish, LGBTQ and Older Adults. https://adaa.org/webinar/consumer/talk-saves-lives</p> <p>Vanessa indicated youth as possible trainers. Culture and language must be considered!</p> <p>We also raised the issue of who among our Team would be interested in being a suicide prevention trainer.</p> <p>Development of Partnership List is taking place by the Communication Team. We can use this list to share information about available trainings and guide us in ensuring our geographic and population reach.</p> | <p>Foundation for Suicide Prevention for their training schedule. AFSP is no cost.</p> <p>Kara to provide peer reviewed articles for different programs that have been researched.</p> <p>Team members to let Kara know if you are interested in being a suicide prevention trainer.</p> <p>Kara will share the Partnership List at the next meeting</p> <p>Kara hosting a meeting on November 3 with leaders who work with youth. Kara will engage on ideas on youth role in suicide prevention.</p> <p>Kara to share EMM materials addressing culture and groups disproportionately impacted by suicide</p> | |
| 15 | Timeline/workflow for training | Discussed the need for the development of a timeline for recommending programs, creating our goals for training Marin, and creating a calendar for trainings | Kara to create draft training workflow for Marin community based | November-January |

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| | | to offer to the SP Collaborative and the Marin community by January. | on responses from training companies | |
| 5 | Adjourn | Next meetings: Zoom details to follow November 17 at 10 am December 15 at 10 am January 19 at 10 am | Team , mark your calendars! | |