

Marin County Suicide Prevention Collaborative: Postvention Team

Agenda and Summary: September 16, 2020

In attendance: Stan Collins, Kara Connors, Sophia Balestreri, Jessica Middleton, Elise Loftin, Sherine Agbulos

Time	Topic/led by	Discussion	Next Steps/Who	Timeline
	Introductions: Name and identifying 2 emotions that blended together.	The group introduced themselves and what brought them to this work and provided 2 emotions that we blended together to describe how we were feeling.		
	Roles/responsibilities	Group discussed roles/responsibilities. The group also discussed ways to create a space for learning and sharing. Stan emphasized that all that is shared is personal, confidential, etc. If you do not feel comfortable sharing that is okay. We acknowledge what everyone brings to the team.	See attached overview of roles/responsibilities Also need co-chair to work with Stan. If you are interested, please contact Kara.	October-November
	Review of worksheet <ul style="list-style-type: none"> • Prioritizing: What is our near and short term priorities? • Who will take the lead? • What are our resources needed? • Key challenges? • Timeline • Specific next steps and by whom 	<p>The group reviewed the worksheet of our near term activities to being discussing and prioritizing. Stan encouraged the group to not focus on resources but more on what we'd like to see, and then we will seek resources as needed.</p> <p>The group focused on the development of the LOSS Team. Our stories helped shape the vision for the LOSS Team.</p> <p>Sophia indicated that we are not going to function the way one might expect after loss. "Not a one size fits all." How can we reduce pain? How can we identify school advocates to support children who may still be in school? Having a liaison between schools.</p> <p>Jessica indicated that having an advocate is key for middle and high schools, or a school resource person is who is trained and understands.</p>	<p>Stan to contact Brandy to see if she could speak with our group and then in January+ to provide a presentation to the Collaborative on the LOSS TEAM. (Having Brandy speak to us will allow us to begin doing some pre-planning work).</p> <p>Team members to review the LOSS Team examples.</p> <p>Kara to follow up again to obtain list of Chaplains</p>	October-January

		<p>Stan indicated that state mandate (AB2412/1767) requires all public schools serving pupils K-12 have comprehensive suicide prevention policies. Protocols for effective postvention training is included in CDE sample policy.</p> <p>Stan recommended Brandy (LOSS Team, Fresno) speak with our Team and to the Collaborative in January+. We want to be sure we have the right people at this Collaborative meeting who will play a role.</p> <p>There are several models for us to learn from: Fresno Cares: https://abc30.com/fresno-county-suicide-survivor-support-groups-hinds-hospice/5251902/</p> <p>Kern County: https://idph.iowa.gov/Portals/1/userfiles/133/after_rural_suicide_guide_2016.pdf</p> <p>Talaria: https://sptf.org/english/index.cfm/programs/lossteam/</p>		
	Adjourn		Next meeting: October 21 at 2 pm. Zoom details to follow	October