Creating a Safe School Community for Those in Distress:

SCHOOLS TEAM FOR THE MARIN COUNTY SUICIDE PREVENTION COLLABORATIVE AND MARIN SCHOOLS WELLNESS COLLABORATIVE

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What State Wide Suicide Prevention Mandates

- **AB 2246**: requires the adoption of suicide prevention, intervention, and follow-up plans by local California school districts with students in grades 7-12. Requires local education agencies to develop their policies in conjunction with suicide prevention experts, school and community stakeholders, and school mental health professionals.

- 2019, **AB2246** was expanded by **Assembly Bill 1767** to require all LEAs that serve pupils from prekindergarten through sixth grade to also implement suicide prevention policies by the start of the 2020 school year. This is Ed Code Section 215.

- **AB 1808 added Section 216** to the California Education Code and provided funding to ensure school staff was prepared to identify, support, and refer middle and high school students who may be experiencing thoughts of suicide. The bill also called for the training to be offered to middle and high school students.

- **AB 2112** establishes a state office of suicide prevention.
Schools Team: Priorities

✓ Establish school-based wellness collaborative to support the implementation of activities outlined in Strategy #6

✓ Establish Training and Education Workgroup to provide recommendations for trainings to be implemented at various levels (community, school, professional, etc.)

• Develop recommendations around adopting evidence based Tier 1 (eg, mindfulness, SEL)

• Provide recommendations for, and support implementation of, SP trainings for faculty, staff, on campus providers and students

• Develop standardized recommendations and guidelines for school districts and schools to implement coordination of services teams to streamline referral process and increase access to mental health supports for students-

• Provide school districts and schools with mini-grants to implement youth-led suicide prevention and mental health awareness activities (May, September)
What We Look Like: Our Structure

**Collaborative Schools Team**
- Develop policies, practices, and professional development related to suicide prevention intervention and postvention.
- Inform the Suicide Prevention Collaborative of strategies, needs, and outcomes related to wellness in schools.

**Suicide Prevention Collaborative**
- Work to create conditions that reduce suicide attempts and deaths in Marin County.
- Support the implementation of the seven (7) Core Strategies within the Suicide Prevention Strategic Plan.

**Marin County Schools Wellness Collaborative**
- Identify current and ongoing needs related to student wellness interventions including youth-led wellness initiative, community engagement and crisis response/ prevention support.
- Discuss and share best practices and resources used to enhance systems of support for adolescent health, mental health, substance abuse, and sexual health services within the school setting.
- Implement evidence-based practices for student interventions concerning student wellness within all of Marin County schools.

Communicate needs and outcomes
- Foster safe and healthy environments on all school campuses
- Share data and information related to suicide prevention, intervention and postvention
Broke into four groups based on districts answering:

- What are your plans?
- What do you need?

Development of an inventory to meet mandates
## Trainings and Outreach

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<th>STUDENTS</th>
<th>FACULTY</th>
<th>MENTAL HEALTH PROVIDERS</th>
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<tr>
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<td>Keenan</td>
<td>Upcoming training</td>
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<td>TUHSD Wellness, You Are Not Alone</td>
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Screeners for Clinicians

- Create portal or directory for all screeners to be available
- Different grade levels K-12
- Training each year for different screenings
- Make recommendations based on evidence base questions that all districts include in screenings
Next Steps

Trainings:

Where to house - - MCOE

Determine budget, in process

Finalize recommendations by December; Launch in January-May

Screeners: Finalize listing by December

Mini grant: Work with Wellness to learn how they can best be implemented in May, September 2021

Care Coordination: Data and tracking of attempt/hospitalization and re-entry to school

Collaborative Meeting: November 4 at 2 pm

Schools Team Meeting: November 17 at 9 am