

MARIN COUNTY SUICIDE PREVENTION COLLABORATIVE

TRAINING AND EDUCATION TEAM

Co-Leaders:

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SUPPORT



UNITY



TRUST



EXCELLENCE

Agenda

- Updates
- Recommendations for universal trainings: QPR, Buckelew and AFSP
- AFSP Train the Trainer event
- Review of selective trainings
- Review of indicated trainings
- Next Steps

Universal Training Recommendations: QPR, Buckelew and AFSP

QPR:

- 200+ (\$5/pp)
- Make available to community partners, County staff

AFSP:

- Train the trainer:
 - February 17, 19, 24, 26 (2-5 pm or 4-7 pm)
 - Attend one AFSP event in advance
 - Marketing flyer will go out January 6
- Trainings: A series of SP training events in January and early February hosted with MCOE, SLEPA

Buckelew:

- Locally responsive
- Module Team (completed by February 2021)

Schools Team:

- Sandy Hook Promise (elementary students)
- Signs of Suicide (MS/HS students, faculty, parents)
- Kognito (MS/HS students, faculty)
- Mental health providers (TBD)

Selective Trainings: Groups Impacted

Lethal Means:

- Counseling on Access to Lethal Means (no cost)
<https://zerosuicidetraining.edc.org/enrol/index.php?id=20>

Law Enforcement:

- QPR
- Each Mind Matters

First Responders:

- Code Green: <https://codegreencampaign.org/education/>
- QPR

Indicated Trainings: Acute Suicidality

1. Collaborative Assessment and Management of Suicidality (CAMS):

<https://cams-care.com/about-cams/>

2. The Columbia-Suicide Severity Rating Scale (C-SSRS)

- Free online training: <https://cssrs.columbia.edu/training/training-options/>
- Local trainer (Elizabeth Horevitz, PhD, LCSW)

3. Safety Planning

- Free training
- Local trainers

Next Steps

- Team Leaders to submit Universal, Selected, and Indicated recommendations
- Announcement for AFSP Train the Trainer
- Marketing flyer will be created announcing trainings for dissemination
- Announce 6 month goals at Collaborative meeting
- Meet with San Diego team
- Reduce meeting frequency