

MARIN COUNTY SUICIDE PREVENTION COLLABORATIVE

DATA TEAM MEETING

April 26, 2021 at 3 pm

Co-Leader:

Galen Main, MSW

gmain@marincounty.org



WELLNESS • RECOVERY • RESILIENCE



SUPPORT



UNITY



TRUST



EXCELLENCE

Agenda

- Check in
- Updates: Reporting out to the Collaborative, Coroner data, Substance use data, national data perspective
- Evaluation of the Data Team and overall evaluation of the Collaborative
- Next steps

I HAVE

I NEVER

SUICIDE PREVENTION STRATEGIC PLAN— Data Team Responsibilities

- 1) Review and present suicide death and attempt data on an annual basis
- 2) Use data on a continuous basis to inform strategic plan priorities, implementation, and effectiveness
- 3) Monitor data to identify:
 - existing and emerging trends
 - factors that may increase or lessen risk, and
 - at-risk population groups
- 4) Identify opportunities to enhance data capacity and expand data collection processes
- 5) Support the development of an **annual report** on status of suicide related behaviors (deaths, attempts, hospitalizations) as well as prevention activities (i.e. calls to crisis lines)
- 6) Establish data-sharing protocols and refine centralized reporting systems

Data Team: Updates and Goal

- **Goal: Report out on data** (deaths, attempts, self harm, ideation, and intervention)
 - Provide data for June annual report
- **Goal: Create public awareness of data** (eg., Rx Safe Marin)
 - Pre-planning for SP version of a Report Card/Dash Board
- **Goal: Partner with Stakeholders for data collection**
 - Integrate suicidality risk assessment in with first responders (EMS)
- **Goal: Expand data surveillance**
 - Death review board expert to present at upcoming meeting

Coroner Report

- Lethal means/race, ethnicity
- Other?

Data Updates

Between June 2019 to January 2021, of the 285 EMS events were flagged for suicidal ideation, breakdown of substance use:

Substance	Count	Proportion
Opioid	39	13.7%
Alcohol	36	12.6%
Other Substance (Not Opioid or Alcohol)	33	11.6%
No Substance	177	62.1%

Suicide Deaths Declined in 2020: Experts Cautiously Optimistic

Suicide has reportedly decreased from the tenth to the eleventh leading cause of death as COVID-19 became the third leading cause of death.

Protective mental health measures are having a positive impact amid a time of collective distress.

- **COVID-19 and associated mitigation efforts such as physical distancing do not alone cause suicide.**
- **This decrease in the total number of suicide deaths may not be a decrease in suicide deaths for all groups-** as the pandemic has had a disproportionate effect on particular populations. We do not yet have the data to consider suicide in specific populations based on demographic factors such as age, gender and racial/ethnic background or social determinants such as income, access to health care and stressors that minoritized communities may experience.
- **We may not understand the entire impact of COVID-19 on suicide deaths for another year or longer** as the impact of COVID-19 may last beyond the pandemic and suicide mortality data take time to collect and analyze in a meaningful way..

Surveys for Evaluation

- Collaborative
- Trainings

Next Steps

- Present updates to the Collaborative
- Co-Lead
- Dashboard timeline
- SP Collaborative meeting: May 5 at 2 pm
- May Mental Health Month event!
- Next meeting: June 28 at 3 pm