Creating a Safe School Community for Those in Distress:
The Marin County Suicide Prevention Collaborative Schools Team

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Agenda

• Review accomplishments
• Review Training/education programs and recommendations
• Updates from Wellness Collaborative
  • Review assessment tools presented that we gave to the Wellness Collaborative
• Review goals and next steps for 2021
Schools Team: Priorities and Accomplishments

✓ Establish school-based wellness collaborative to support the implementation of activities outlined in Strategy #6

✓ Establish Training and Education Workgroup to provide recommendations for trainings to be implemented at various levels (community, school, professional, etc.)

✓ Provide recommendations for, and support implementation of, SP trainings for faculty, staff, on campus providers and students

  • Develop recommendations around adopting evidence based Tier 1 (e.g., mindfulness, SEL)

  • Develop standardized recommendations and guidelines for school districts and schools to implement coordination of services teams to streamline referral process and increase access to mental health supports for students

  • Provide school districts and schools with mini-grants to implement youth-led suicide
# Universal Training Recommendations: School Community

## K-12 STUDENTS

<table>
<thead>
<tr>
<th>ELEMENTARY</th>
<th>FACULTY</th>
<th>MENTAL HEALTH PROVIDERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>▪ Yellow Ribbon ▪ Sandy Hook</td>
<td>▪ Keenan ▪ Kognito ▪ Living Works SafeTalk (in person)</td>
<td>▪ Upcoming trainings ▪ Self Harm and Suicide Prevention. Training</td>
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| MIDDLE | | |
|--------| | |
| ▪ Sandy Hook ▪ Signs of Suicide (SOS) ▪ Know the Signs | ▪ Keenan ▪ Kognito ▪ Living Works SafeTalk (in person) | ▪ Upcoming trainings ▪ Self Harm and Suicide Prevention. Training |

| HIGH SCHOOL | | |
|-------------| | |
| ▪ Question, Pursuade, Refer (Digital) ▪ Living Works student program, TBD ▪ AFSP Talk Saves Lives ▪ Signs of Suicide (SOS) ▪ Kognito | ▪ Keenan ▪ Kognito ▪ Signs of Suicide (SOS) ▪ Living Works START | ▪ Upcoming trainings ▪ Self Harm and Suicide Prevention. Training |
Recommendations by the Schools Team: Trainings

January – May 2021:

Educators, Students:

- Schools utilize SOS, Sandy Hooks, Kognito, Living Works START as learning tools at their discretion.
- Support uniformed implementation and assistance to those schools that do not have programs.
- Make student learning opportunities available to support SP trainings. Engage “Youth Wellness Series” with the SP Collaborative.

Mental Health Providers:

- Provide learning opportunities for providers.
- Support a proposal for a customized self directed online program that responds to the unique needs of mental health providers in the district.

2021-2022 School Year:

Educators, Students:

- Support adoption and uniformed/coordinated implementation across the district of Kognito (and/or SOS).

Mental Health Provider:

- Launch program and make available to all providers. Possible CEU’s.
### Min. Training Goals: 6-8 Months

#### SP Gatekeeper Events (with Schools)

<table>
<thead>
<tr>
<th>Training</th>
<th>Dates</th>
<th>Goals</th>
<th>Total</th>
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<tbody>
<tr>
<td>AFSP Train the Trainer. Limited to 15.</td>
<td>February 24</td>
<td>15 people host 3 events with 15 people average</td>
<td>675</td>
</tr>
<tr>
<td>Buckelew Suicide Prevention Program</td>
<td>Third Wednesday monthly</td>
<td>Min. 6 events (months) with 10 people: 90</td>
<td>90</td>
</tr>
<tr>
<td>QPR</td>
<td>Online, self directed</td>
<td>200 people</td>
<td>200</td>
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<tr>
<td>AFSP/MCOE</td>
<td>January-May</td>
<td>8 events with 15 people (not including districts separate events)</td>
<td>120</td>
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<tr>
<td>BHRS/Partners</td>
<td>May and September alone</td>
<td>8 events total (4/month) each with 30 people</td>
<td>240+</td>
</tr>
<tr>
<td>Mental Health First Aid</td>
<td>March-April</td>
<td>Min. 3 events with 20 people</td>
<td>60</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td><strong>1400 2800 (Year One)</strong></td>
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Group Discussion
2021 Goals

- Present recommendations to the Collaborative

- Pre-planning for and launch of Mental Health Provider Program

- Finalize mental health screening and risk assessment tools

- Partner with MCOE and Wellness Collaborative on training opportunities and outreach goals for Spring 2021 and 2021-2022 school year. Continue to track/coordinate collective effort.

- Review postvention protocol with Postvention Team for LOSS Team Model. Launch in September.

- Youth engagement/presentations at SP Collaborative meetings
Next Steps:

• Suicide Prevention Collaborative Meeting: Wednesday February 3 at 2 pm

• Schools Team Meeting: February 23 at 9 am

• Wellness Collaborative Meeting: February 25 at 8 am

• Mental Health Provider Training: TBD