

Creating a Safe School Community for Those in Distress: The Marin County Suicide Prevention Collaborative Schools Team

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SUPPORT



UNITY



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EXCELLENCE

Agenda

- Review accomplishments
- Review Training/education programs and recommendations
- Updates from Wellness Collaborative
 - Review assessment tools presented that we gave to the Wellness Collaborative
- Review goals and next steps for 2021

Schools Team: Priorities and Accomplishments

- ✓ Establish school-based wellness collaborative to support the implementation of activities outlined in Strategy #6
- ✓ Establish Training and Education Workgroup to provide recommendations for trainings to be implemented at various levels (community, school, professional, etc.)
- ✓ Provide **recommendations** for, and support implementation of, **SP trainings** for faculty, staff, on campus providers and students
- Develop **recommendations** around adopting evidence based Tier 1 (eg, mindfulness, SEL)
- Develop standardized **recommendations** and guidelines for school districts and schools to implement coordination of services teams to streamline referral process and increase access to mental health supports for students
- Provide school districts and schools with **mini-grants** to implement youth-led suicide

Universal Training Recommendations: School Community

K-12 STUDENTS	FACULTY	MENTAL HEALTH PROVIDERS
ELEMENTARY		
<ul style="list-style-type: none"> • Yellow Ribbon • Sandy Hook 	<ul style="list-style-type: none"> • Keenan • Kognito • Living Works SafeTalk (in person) 	<ul style="list-style-type: none"> • Upcoming trainings • Self Harm and Suicide Prevention. Training
MIDDLE		
<ul style="list-style-type: none"> • Sandy Hook • Signs of Suicide (SOS) • Know the Signs 	<ul style="list-style-type: none"> • Keenan • Kognito • Living Works SafeTalk (in person) 	<ul style="list-style-type: none"> • Upcoming trainings • Self Harm and Suicide Prevention. Training
HIGH SCHOOL		
<ul style="list-style-type: none"> • Question, Persuade, Refer (Digital) • Living Works student program, TBD • AFSP Talk Saves Lives • Signs of Suicide (SOS) • Kognito 	<ul style="list-style-type: none"> • Keenan • Kognito • Signs of Suicide (SOS) • Living Works START 	<ul style="list-style-type: none"> • Upcoming trainings • Self Harm and Suicide Prevention. Training



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Recommendations by the Schools Team: Trainings

January – May 2021:

Educators, Students:

- Schools utilize SOS, Sandy Hooks, Kognito, Living Works START as learning tools at their discretion.
- Support uniformed implementation and assistance to those schools that do not have programs
- Make student learning opportunities available to support SP trainings. Engage “Youth Wellness Series” with the SP Collaborative.

Mental Health Providers:

- Provide learning opportunities for providers
- Support a proposal for a customized self directed online program that responds to the unique needs of mental health providers in the district

2021-2022 School Year:

Educators, Students:

- Support adoption and uniformed/coordinated implementation across the district of Kognito (and/or SOS).

Mental Health Provider:

- Launch program and make available to all providers. Possible CEU's.

Min. Training Goals: 6-8 Months SP Gatekeeper Events (with Schools)

Training	Dates	Goals	Total
AFSP Train the Trainer. Limited to 15.	February 24	15 people host 3 events with 15 people average	675
Bucklew Suicide Prevention Program	Third Wednesday monthly	Min. 6 events (months) with 10 people: 90	90
QPR	Online, self directed	200 people	200
AFSP/MCOE	January-May	8 events with 15 people (not including districts separate events)	120
BHRS/Partners	May and September alone	8 events total (4/month) each with 30 people	240+
Mental Health First Aid	March-April	Min. 3 events with 20 people	60
TOTAL			1400 2800 (Year One)

Presentation to the Wellness Collaborative



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Group Discussion



2021 Goals

- Present recommendations to the Collaborative
- Pre-planning for and launch of Mental Health Provider Program
- Finalize mental health screening and risk assessment tools
- Partner with MCOE and Wellness Collaborative on training opportunities and outreach goals for Spring 2021 and 2021-2022 school year. Continue to track/coordinate collective effort.
- Review postvention protocol with Postvention Team for LOSS Team Model. Launch in September.
- Youth engagement/presentations at SP Collaborative meetings

Next Steps:

- Suicide Prevention Collaborative Meeting: Wednesday February 3 at 2 pm
- Schools Team Meeting: February 23 at 9 am
- Wellness Collaborative Meeting: February 25 at 8 am
- Mental Health Provider Training: TBD