

DIGITAL PEER RESOURCES

Marin Suicide Hotline 415-499-1100 Mobile Crisis 415-473-6392
Crisis Text Line Text HELP 741741
WARMLINE (415) 459-6330 Mon-Wed 9am-9pm Wed-Sun 1pm-9pm
Older Adult Friendship Line 1-888-670-1360 24/7
ACCESS 1-888-818-1115

Trevor Project (LGBTQ Crisis Support) www.trevorproject.org
Empowerment Clubhouse admin@empowermentclubhouse.org
Family Support Group Thursdays, 7 PM mrea@marincounty.org

MHASF Groups

lisa-sun@mentalhealthsf.org

MHASF Groups include support for people of color, ways to manage depression and/or anxiety and collecting behaviors MHASF also offers weekly coffee talks with staff. Email or click link above for more info and updates!

BHRS Community Events

BHRSPreventionAndOutreach@marincounty.org

BHRS provides many community events throughout the year, including awareness events, training opportunities, parenting support, and townhalls. Click link above for updated list of events.

Mental Health Advocates of Marin

The Enterprise Resource Center is a peer run mental health drop-in center located at 3270 Kerner Blvd, Suite C in San Rafael. We offer support groups and various activities. For more information please call 415-457-4554.

Older Adults in need of food service delivered?

Call Meals on Wheels @ 415-457-4636



Scan for more resources!



WELLNESS • RECOVERY • RESILIENCE



DEPARTMENT OF HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH AND
RECOVERY SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.

