

DIGITAL PEER RESOURCES

Suicide Hotline 988 Mobile Crisis 415-473-6392

Crisis Text Line Text HELP 741741

Warmline (415) 459-6330

Older Adult Friendship Line 1-888-670-1360 24/7

ACCESS 1-888-818-1115

Trevor Project (LGBTQ Crisis Support) www.trevorproject.org

Family Support Group Thursdays, 7 PM - mjohnson@marincounty.org

Peer Resource Guide Expanded Document prevention.marinhhrs.org/peer

MHASF Groups

MHASF Groups include hoarding behavior support, LGBTQ friendly groups, OCD groups, spaces for BIPOC, and more!

Please email info@mentalhealthsf.org for more info or go to mentalhealthsf.org

BHRS Community Events

BHRSPreventionAndOutreach@marincounty.org

BHRS provides many community events throughout the year, including awareness events, training opportunities, parenting support, and townhalls. Click link above for updated list of events.

Mental Health Advocates of Marin

The Enterprise Resource Center is a peer run mental health drop-in center located at 3270 Kerner Blvd, Suite C in San Rafael. We offer support groups and various activities. For more information please call 415-457-4554.

Older Adults in need of food service delivered?

Call Meals on Wheels @ 415-457-4636



Scan for more resources!



WELLNESS • RECOVERY • RESILIENCE



DEPARTMENT OF HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH AND
RECOVERY SERVICES

Promoting and protecting health, wellbeing, self-sufficiency, and safety of all in Marin County.