



Digital Storytelling for Marin County

Opening the World (OTW) is a non-profit program that provides a safe and supportive environment for young adults at risk to share their experiences, be motivated and mentored by peers from similar backgrounds, and explore new experiences through community-building activities, capacity building, and healing interventions.

OTW, in partnership with Marin County Prevention and Early Intervention Program (PEI), has created this Digital Mental Health Storytelling Series to encourage youth and adults to share their lived experiences and expertise with social justice and mental health issues. Sharing stories is one way to transform and reframe how we perceive mental health and recovery in our community.

2022 – 2023 SERIES

[Anxiety](#)

[Mental Health](#)

[Inmigración y Salud Mental](#)

[Mental Health & PTSD](#)

[Major Depression](#)

[Victim of Violence & Traumatic Brain Injury \(TBI\)](#)

2021 – 2022 SERIES

[Consequences of Covid](#)

[Foster Care](#)

[The Cost of Opioid Addiction](#)

[The Healing Power of Art](#)

[Disabilities & Resilience](#)

[Losing a Child to Suicide](#)

2020 – 2021 SERIES

[Homelessness](#)

[Substance Use](#)

[Incarceration](#)

[Suicide](#)

[Sexual Exploitation](#)

[Racism](#)



DEPARTMENT OF HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH AND
RECOVERY SERVICES
Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.

