



MARIN HEALTH & HUMAN SERVICES
Health, Well-being & Safety

Hope & Help.

988 SUICIDE & CRISIS
LIFELINE

Call. Text. Chat. 24/7

One Stride at a Time

Saturday
May 18th

9am - 12pm
McGinnis Park
50 Smith Ranch Rd
San Rafael, CA

2022 MAY
MENTAL HEALTH MONTH



4 GET YOUR GREEN ON!

Register by scanning the QR code or visiting
Prevention.MarinBHRS.org/MMHM2024

